






JUNE 2022 SOUTH HAMPTON ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>HAPPY Birthday</p>		<p>June Kalpousos — 6/7</p> <p>Dick Raaum — 6/7</p> <p>Margie Griffith — 6/10</p> <p>Norm Steigerwald — 6/18</p> <p>Evie Keysor — 6/20</p>	<p>1 10:00 Morning Greeting 10:30 Brain Boosters — Queries to Reminisce 11:00 Exercise Balloon</p> <p>2:30 Awesome Bob in the Regent Dining Room (variety/favorites music) 3:45 Game Time</p>	<p>2 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Music & Movement 2:00 Afternoon Update 2:30 Table Time 3:30 Fine Motor: Folding Laundry</p>	<p>3 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Range of Motion 2:00 Afternoon Update 2:30 Celebrating National Donut Day 3:30 Game Time</p>	<p>4 11:00 Exercise Balloon</p> <p>2:30 Music with Addie Or Tea Time</p>
<p>5 11:00 Resident Room Visits 3:30 Afternoon Stroll</p>	<p>6 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Exercise Balloon 2:00 Afternoon Update 2:30 Table Time 3:30 Arts & Crafts: Paint with water/Coloring Pages</p>	<p>7 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Music & Movement 2:00 Afternoon Update 2:30 Music with Tom or Play ball with Odie 3:30 Dungeness Valley Lutheran Church with Pastor Russ (ALC)</p>	<p>8 10:00 Morning Greeting 10:30 Brain Boosters — Things that go together 11:00 Exercise Balloon 2:00 Afternoon Update 2:30 National Upsy Daisy Day Craft</p>  <p>3:45 Game Time</p>	<p>9 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Music & Movement 2:30 Jazz guitarist Brian Douglas in South Hampton 3:45 Sensory: Getting ready for Summer</p>	<p>10 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Range of Motion 2:00 Afternoon Update 2:30 In the Kitchen 3:30 Snack Time</p>	<p>11 11:00 Exercise Balloon</p> <p>2:30 Music with Addie Or Tea Time</p>
<p>12 11:00 Resident Room Visits 3:30 Afternoon Stroll</p>	<p>13 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Exercise Balloon 2:30 Table Time 3:30 Arts & Crafts:</p>  <p>Butterfly Suncatcher</p>	<p>14 10:00 Morning Greeting 10:30 Music & Movement 11:00 Range of Motion 2:00 Afternoon Update 2:30 Music with Tom or Play ball with Odie 3:30 Hand Spa</p>	<p>15 10:00 Morning Greeting 10:30 Brain Boosters — Around the World 11:00 Exercise Balloon 2:30 Country Artist Buck Ellard in the Regent Dining Room 3:30 Game Time</p>	<p>16 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Music & Movement 2:00 Afternoon Update 2:30 Table Time 3:30 Fine Motor: Card shuffle and sorting</p>	<p>17 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Range of Motion 2:00 Afternoon Update 2:30 In the Kitchen 3:30 Snack Time</p>	<p>18 11:00 Exercise Balloon</p> <p>2:30 Music with Addie Or Tea Time</p>
<p>19 Father's Day 11:00 Resident Room Visits 3:30 Father's Day — The Great Outdoors Celebration</p> 	<p>20 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Exercise Balloon 2:30 Table Time 3:30 Arts & Crafts: Paint with water/Coloring Pages</p>	<p>21 Summer Begins 10:00 Morning Greeting 10:30 Music & Movement 11:00 Range of Motion 2:30 Music with Tom or Play ball with Odie 3:45 Hand Spa</p>	<p>22 10:00 Morning Greeting 10:30 Brain Boosters — Pair Up matching game 11:00 Exercise Balloon 2:30 Dennis Blair in the Regent Dining Room (folk/variety music) 3:45 Game Time</p>	<p>23 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Music & Movement 2:00 Afternoon Update 2:30 Table Time 3:30 Sensory: Making a Mandala</p>	<p>24 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Range of Motion 2:00 Afternoon Update 2:30 In the Kitchen 3:30 Snack Time</p>	<p>25 11:00 Exercise Balloon</p> <p>2:30 Music with Addie Or Tea Time</p>
<p>26 11:00 Resident Room Visits 3:30 Afternoon Stroll</p>	<p>27 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Exercise Balloon 2:30 Table Time 3:30 Arts & Crafts: Stars & Stripes</p> 	<p>28 10:00 Morning Greeting 10:30 Music & Movement 11:00 Range of Motion 2:30 Music with Tom or Play ball with Odie 3:45 Hand Spa</p>	<p>29 10:00 Morning Greeting 10:30 Brain Boosters — What comes next? Sequencing 11:00 Exercise Balloon 2:30 Jack Glatzer & Margaret Harold — "Song of Life" in the Regent Dining Room (Violin and Poetry) 3:45 Game Time</p>	<p>30 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Music & Movement 2:30 Pianist James Markwardt in South Hampton 3:45 Fine Motor: Clothes pin sorting</p>	<p>Activities through the month may change. Please keep an eye on the daily activity schedule posted on the boards throughout Sherwood for the most up to date event information.</p>	