


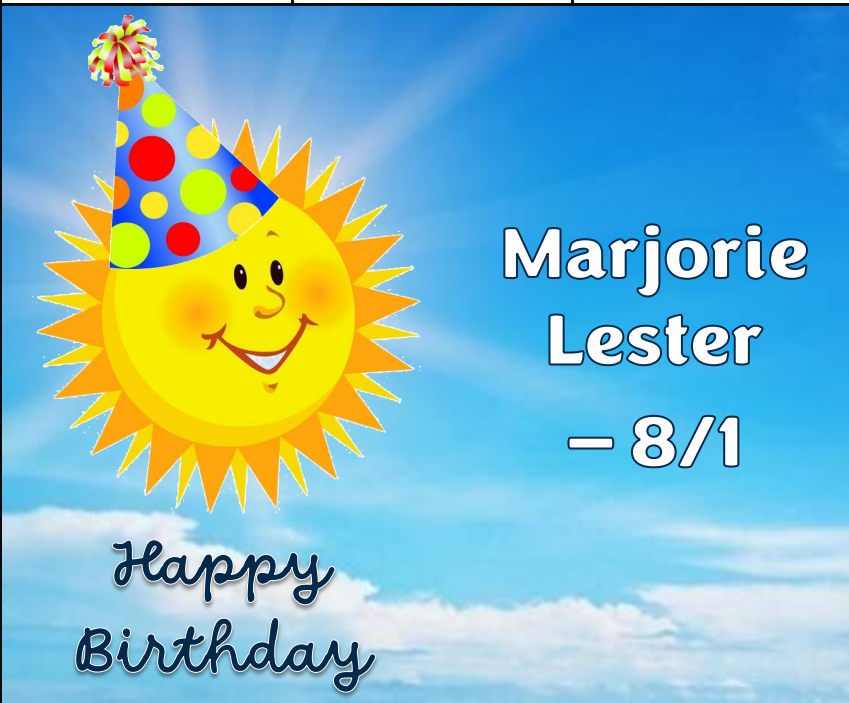


August 2022 South Hampton Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities through the month may change. Please keep an eye on the daily activity schedule posted on the boards throughout Sherwood for the most up to date event information.</p>	<p>1 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Exercise Balloon 2:00 Afternoon Update 2:30 Music with Tom or Table Time 3:30 Paint with Water/Coloring Relaxation</p>	<p>2 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Music & Movement 2:00 Afternoon Update 2:30 Game Time 3:30 Dungeness Valley Lutheran Church with Pastor Russ (ALC)</p>	<p>3</p> <div style="border: 1px solid black; padding: 5px; background-color: #90ee90; margin: 10px auto; width: 80px; text-align: center;"> <p>3:30</p> <p>NATIONAL WATER MELON DAY!</p> </div>	<p>4 10:00 Morning Greeting 10:30 Music & Movement 12:00 Summer Barbecue in the Courtyard featuring music by Buck Ellard 3:00 Game Time</p> 	<p>5 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Range of Motion 2:30 Awesome Bob in the Regent Dining Room (variety music) 3:45 Play ball with Odie in the courtyard</p>	<p>6 11:00 Exercise Balloon 2:30 Music with Addie Or Tea Time</p>
<p>7 11:00 Range of Motion 3:30 Afternoon Stroll</p>	<p>8 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Exercise Balloon 2:00 Afternoon Update 2:30 Music with Tom or Table Time 3:30 Arts & Crafts: Watermelon Suncatcher </p>	<p>9 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Music & Movement 2:30 Music with Jazz guitarist Brian Douglas (folk/variety music)</p>	<p>10 10:00 Morning Greeting 10:30 Brain Boosters — Finish the Phrase 11:00 Exercise Balloon 2:00 Afternoon Update 2:30 In the Courtyard — Corn hole 3:30 Table Time</p>	<p>11 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Music & Movement 2:30 Dennis Blair in the Regent Dining Room (folk and variety music) 3:45 Table Time</p>	<p>12 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Range of Motion 2:00 Afternoon Update 2:30 In the Kitchen 3:00 Snack Time 3:45 Play ball with Odie in the courtyard</p>	<p>13 11:00 Exercise Balloon 2:30 Music with Addie Or Tea Time</p>
<p>14 11:00 Range of Motion 3:30 Afternoon Stroll</p>	<p>15 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Exercise Balloon 2:00 Afternoon Update 2:30 Music with Tom or Table Time 3:30 Paint with Water/Coloring Relaxation</p>	<p>16 10:00 Morning Greeting 10:30 Music & Movement 11:00 Range of Motion 2:30 Hawaii Amore with Roma (Hawaiian/variety music) 3:45 Hand Spa</p>	<p>17 10:00 Morning Greeting 10:30 Brain Boosters — Around the World 11:00 Exercise Balloon 1—3 p.m. Summer Block Party In front of Sherwood Featuring music by Country Artist Buck Ellard with "Crash" Bigelow</p>	<p>18 11:00 Music & Movement 3:30 Table Time</p>	<p>19 11:00 Range of Motion 3:30 Game Time</p>	<p>20 11:00 Exercise Balloon 2:30 Music with Addie Or Tea Time</p>
<p>21 11:00 Range of Motion 3:30 Afternoon Stroll</p>	<p>22 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Exercise Balloon 2:30 Sing Along with Brigitte & Jason (variety) 3:45 Froot Loop Lacing</p>	<p>23 10:00 Morning Greeting 10:30 Music & Movement 11:00 Range of Motion 2:00 Afternoon Update 2:30 Music with Tom or Table Time 3:45 Hand Spa</p>	<p>24 10:00 Morning Greeting 10:30 Brain Boosters — Pair Up matching game 11:00 Exercise Balloon 2:00 Afternoon Update 2:30 In the Courtyard — Water balloon toss 3:30 Table Time</p>	<p>25 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Music & Movement 2:00 Afternoon Update 2:30 In the Kitchen 3:00 Snack Time 3:45 Game Time</p>	<p>26 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Range of Motion 2:30 Buttercup Lane in the Regent Dining Room (50s and favorites) 3:45 Play ball with Odie in the courtyard</p>	<p>27 11:00 Exercise Balloon 2:30 Music with Addie Or Tea Time</p>
<p>28 11:00 Range of Motion 3:30 Afternoon Stroll</p>	<p>29 10:00 Morning Greeting 10:30 Coffee, Conversation, & Current Events 11:00 Exercise Balloon 2:00 Afternoon Update 2:30 Table Time 3:30 Arts & Crafts Summer Sun</p> 	<p>30 10:00 Morning Greeting 10:30 Music & Movement 11:00 Range of Motion 2:00 Afternoon Update 2:30 Music with Tom or Table Time 3:45 Hand Spa</p>	<p>31 10:00 Morning Greeting 10:30 Brain Boosters — What comes next? Sequencing 11:00 Exercise Balloon 2:00 Afternoon Update</p>  <div style="border: 1px solid black; padding: 5px; background-color: #fff9c4; margin: 10px auto; width: 100px; text-align: center;"> <p>2:30</p> <p>In the Courtyard Sherwood Downs Horseracing</p> </div>	 <p style="font-size: 2em; font-weight: bold; color: white; margin: 0;">Marjorie Lester</p> <p style="font-size: 2em; font-weight: bold; color: white; margin: 0;">— 8/1</p> <p style="font-size: 1.5em; font-weight: bold; color: white; margin: 0;">Happy Birthday</p>		