

February 2024 Sherwood Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Key I = Independent A = Activity Room C = Cascade Room F = Friendship Room K = Kensington Room L = Library R = Regent Dining Room W = Windsor</p>	<p>Douglas the Groundhog's Hide & Seek Feb. 12–16</p> 	<p>Happy Birthday! Jeanette Fischer 2/6 Janice Ryckman 2/6 MaryJo Swann 2/14 Jo Anderson 2/16 Louise Chitwood 2/17 Darleen Hult 2/18 Jannine Norvell 2/19 Deloris Taylor 2/28</p> 	<p>1 9:00 Arm Chair Travels (IA) 9:30 Walky Talky 10:00 Body & Brain Builders (A) 10:45 Phase 10 (K) 1:30 Second Chance Store (I) 2:00 Outing Walmart Shopping 3:00 Neighborhood Round-up (IL) 4:00 Seated Tai Chi (IA)</p>	<p>2 Groundhog Day 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness (A) 10:45 Odie's Walkabout 1:30 Second Chance Store (I) 2:00 WA Old time Fiddlers (Country) (A) 3:00 Coffee and Conversation (IL) 3:30 Odds & Ends 4:00 Seated Yoga (IA)</p>	<p>3 9:00 Around the World (IA) 9:30 Walky Talky 10:00 Exercise Balloon (A) 1:30 Second Chance Store 1:30 Movie Matinee: Ben-Hur (1959 G Adventure 3h 32m) (IA) YouTube 3:00 Neighborhood Round-up (IL) 4:00 Billiards (IC)</p>	
<p>4 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness (A) 10:45 Catholic Mass internet streaming (IA) 1:30 Second Chance Store (I) 2:00 Sing along with Pearl (A) 3:00 TUMC Service Internet Streaming (IA) 3:00 Percolate & Prose (IL) 4:00 Puzzles Together (IC)</p>	<p>5 9:00 Arm Chair Travels (IA) 9:30 Walky Talky 1 0:00 Body & Brain Builders (A) 1:30 Second Chance Store (I) 2:00 Relaxing with Color in the Activity Room (A) 3:00 Coffee and Conversation (IL) 4:00 Seated Yoga (IA)</p>	<p>6 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness (A) 10:45 Beginning Bridge with Ursula (K) 1:30 Second Chance Store 2:00 Bingo (IA) 3:00 Neighborhood Round-up (IL) 3:30 Documentary: Wild North: The Forest (IA) Amazon 4:00 Billiards (IC)</p>	<p>7 9:00 Around the World (IA) 9:30 Walky Talky 10:00 Exercise Balloon (A) 10:45 The Grounds of Sherwood (W) 1:30 Second Chance Store (I) 2:00 Arts & Crafts pt 1 Spin Art Heart (A) 3:00 Coffee & Conversation (IL) 3:30 Zumba Gold Chair Dancing (IA) 4:00 Puzzles Together (IC)</p>	<p>8 9:00 Arm Chair Travels (IA) 9:30 Walky Talky 10:00 Body & Brain Builders (A) 10:45 Phase 10 (K) 1:30 Second Chance Store (I) 2:00 Arts & Crafts pt 2 Spin Art Heart (A) 3:00 Neighborhood Round-up (IL) 4:00 Seated Tai Chi (IA)</p>	<p>9 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Odie's Walkabout 12:45 Outing to Fiero Marine Life Center (\$5) 1:30 Second Chance Store (I) 3:00 Coffee and Conversation (IL) 3:30 BYOB Happy Hour (W) 4:00 Seated Yoga (IA)</p>	<p>10 9:00 Around the World (IA) 9:30 Walky Talky 10:00 Exercise Balloon (A) 1:30 Second Chance Store 2:00 Special Delivery! Valentines from Seventh Day Adventist Kids 2:00 Movie Matinee: The Magic Flute (2022 PG Fantasy/Musical 1h 55m) (IA) YouTube 3:00 Neighborhood Round-up (IL) 4:00 Billiards (IC)</p>
<p>11 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness (A) 10:45 Catholic Mass internet streaming (IA) 1:30 Second Chance Store (I) 2:00 Sing along with Pearl (A) 3:00 DCC Service internet Streaming (IA) 3:00 Percolate & Prose (IL) 4:00 Puzzles Together (IC)</p>	<p>12 9:00 Arm Chair Travels (IA) 9:30 Walky Talky 10:00 Body & Brain Builders (A) 1:30 Second Chance Store (I) 2:00 Bible Study with Dr. Regina (A) 3:00 Coffee and Conversation (IL) 4:00 Seated Yoga (IA)</p>	<p>13 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness (A) 10:45 Beginning Bridge with Ursula (K) 1:30 Second Chance Store 2:00 Bingo (IA) 3:00 Neighborhood Round-up (IL) 3:30 Documentary: Wild North: The Coast (IA) Amazon 4:00 Billiards (IC)</p>	<p>14 Valentine's Day 9:30 Walky Talky 10:00 Exercise Balloon 12:00 Valentine's Day Pizza Party by RSVP (A) 3:45 Read with Me with the Boys & Girls Club (L)</p> 	<p>15 9:00 Arm Chair Travels (IA) 9:30 Walky Talky 10:00 Body & Brain Builders (A) 10:45 Phase 10 (K) 1:30 Second Chance Store (I) 2:00 Outing Groundhog Predictions Scenic Drive 3:00 Neighborhood Round-up (IL) 4:00 Seated Tai Chi (IA)</p>	<p>16 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness (A) 10:45 Odie's Walkabout 1:30 Second Chance Store (I) 2:00 Music with The Parlor Boys (Variety) (A) 3:00 Coffee and Conversation (IL) 3:30 Odds & Ends 4:00 Seated Yoga (IA)</p>	<p>17 9:00 Around the World (IA) 9:30 Walky Talky 10:00 Exercise Balloon (A) 1:30 Second Chance Store 2:00 Movie Matinee: Arsenic and Old Lace (1944 NR Comedy/Thriller 1h 58m) (IA) YouTube 3:00 Neighborhood Round-up (IL) 4:00 Billiards (IC)</p>
<p>18 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness (A) 10:45 Catholic Mass internet streaming (IA) 1:30 Second Chance Store (I) 3:00 SCC Service internet Streaming (IA) 3:00 Percolate & Prose (IL) 4:00 Puzzles Together (IC)</p>	<p>19 President's Day 9:00 Arm Chair Travels (IA) 9:30 Walky Talky 10:00 Body & Brain Builders (A) 1:30 Second Chance Store (I) 2:30 Contemporary Conversations with George Washington (R) 3:00 Coffee and Conversation (IL) 4:00 Seated Yoga (IA)</p>	<p>20 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness (A) 10:45 Beginning Bridge with Ursula (K) 1:30 Second Chance Store 2:00 Bingo (IA) 3:00 Neighborhood Round-up (IL) 3:30 Documentary: Hummingbirds (IA) Amazon 4:00 Billiards (IC)</p>	<p>21 9:00 Around the World (IA) 9:30 Walky Talky 10:00 Exercise Balloon (A) 10:45 Farkle (K) 1:30 Second Chance Store (I) 2:00 Worship Message & Music with Roger & Larry (A) 3:00 Coffee & Conversation (IL) 3:30 Zumba Gold Chair Dancing (IA) 4:00 Puzzles Together (IC)</p>	<p>22 9:00 Arm Chair Travels (IA) 9:30 Walky Talky 10:00 Body & Brain Builders (A) 10:45 Phase 10 (K) 1:30 Second Chance Store (I) 2:00 Outing Lunch at Old Mill Cafe 3:00 Neighborhood Round-up (IL) 4:00 Seated Tai Chi (IA)</p>	<p>23 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness (A) 10:45 Odie's Walkabout 1:30 Second Chance Store (I) 2:00 Music with Dennis Blair (Folk/Variety) (A) 3:00 Coffee and Conversation (IL) 3:30 BYOB Happy Hour (W) 4:00 Seated Yoga (IA)</p>	<p>24 9:00 Around the World (IA) 9:30 Walky Talky 10:00 Exercise Balloon (A) 1:30 Second Chance Store 2:00 Movie Matinee: The Lion in Winter (1968 PG Adventure 2h 14m) (IA) YouTube 3:00 Neighborhood Round-up (IL) 4:00 Billiards (IC)</p>
<p>25 9:00 Scenic Tours of the World (IA) 10:00 Full Body Fitness (A) 10:45 Catholic Mass internet streaming (IA) 1:30 Second Chance Store 3:00 Dungeness Valley Mennonite Church Acapella Chorus (A) 3:00 Percolate & Prose (IL) 4:00 Puzzles Together (IC)</p>	<p>26 9:00 Arm Chair Travels (IA) 9:30 Walky Talky 10:00 Body & Brain Builders (A) 1:30 Second Chance Store (I) 2:00 Bible Study with Harry Damian (A) 3:00 Coffee and Conversation (IL) 4:00 Seated Yoga (IA)</p>	<p>27 9:00 Scenic Tours of the World (IA) 9:30 Walky Talky 10:00 Full Body Fitness (A) 10:45 Beginning Bridge with Ursula (K) 1:30 Second Chance Store 2:00 Bingo (IA) 3:00 Neighborhood Round-up (IL) 3:30 Documentary: Bejeweled Fishes (IA) Amazon 4:00 Billiards (IC)</p>	<p>28 9:00 Around the World (IA) 9:30 Walky Talky 10:00 Exercise Balloon (A) 10:45 Resident Council Meeting (A) 1:30 Second Chance Store (I) 2:00 Sherwood Downs Horse Racing 3:00 Coffee & Conversation (IL) 3:30 Zumba Gold Chair Dancing (IA) 4:00 Puzzles Together (IC)</p>	<p>29 Leap Year Day 9:00 Arm Chair Travels (IA) 9:30 Walky Talky 10:00 Body & Brain Builders (A) 10:45 Phase 10 (K) 1:30 Second Chance Store (I) 2:00 Outing Sequim Museum & Arts 3:00 Neighborhood Round-up (IL) 4:00 Seated Tai Chi (IA)</p>	<p>Activities through the month may change. Please keep an eye on the daily activity schedule posted on the boards throughout Sherwood for the most up to date event information.</p> 	