

# February 2024 South Hampton Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center;"><b>Happy Birthday!</b></p> <p style="text-align: center;"><b>Janice Ryckman</b> 2/6</p> <p style="text-align: center;"><b>Darleen Hult</b> 2/18</p>				<p style="text-align: center;">1</p> <p>10:00 "Thor's day" dog visits 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'? 1:30 Movie Matinee 4:00 Individual Engagement</p>	<p style="text-align: center;">2 Groundhog Day</p> <p>10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Range of Motion 11:30 What's Cookin'? <b>2:00 Washington Old Time Fiddlers in the Activity Room</b> 3:30 Odie's Walkabout 4:00 Station Exploration</p>	<p style="text-align: center;">3</p> <p>11:00 Exercise Balloon 2:30 Afternoon Stroll 3:00 Table Time 3:30 Remember When...</p>
<p style="text-align: center;">4</p> <p>11:00 Music and Movement 3:30 Sing along with Pearle 4:00 Individual Engagement</p>	<p style="text-align: center;">5</p> <p>11:00 Range of Motion 11:30 What's Cookin'? <b>2:00 Music with The Secords (Old Time Country)</b> 3:30 Hand Spa 4:00 Table Time</p>	<p style="text-align: center;">6</p> <p>10:00 Morning Greeting 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'? 2:00 Afternoon Update 2:30 Fine Motor — Folding Laundry 3:30 Hand Spa 4:00 Remember When...</p>	<p style="text-align: center;">7</p> <p>10:00 Exercise Balloon 10:45 Grounds of Sherwood Coffee Shop in the Windsor Room 2:00 Afternoon Update 2:30 In the Kitchen 3:30 Snack Time 4:00 Remember When...</p>	<p style="text-align: center;">8</p> <p>10:00 "Thor's day" dog visits 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'? 2:00 Afternoon Update 2:30 Arts &amp; Crafts Lacing Hearts 3:30 Table Time 4:00 Individual Engagement</p>	<p style="text-align: center;">9</p> <p>10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Range of Motion 11:30 What's Cookin'? 2:00 Music with Jacob 3:30 Happy Hour (W) 4:00 Station Exploration</p>	<p style="text-align: center;">10</p> <p>11:00 Exercise Balloon <b>2:30 Special Delivery! Valentines from Seventh Day Adventist Kids</b> 3:30 Remember When...</p>
<p style="text-align: center;">11</p> <p>11:00 Music and Movement 3:30 Sing along with Pearle 4:00 Individual Engagement</p>	<p style="text-align: center;">12</p> <p>11:00 Range of Motion 11:30 What's Cookin'? 2:30 Monday Music 3:30 Hand Spa 4:00 Table Time</p>	<p style="text-align: center;">13</p> <p>10:00 Morning Greeting 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'? 2:00 Afternoon Update <b>2:30 Country Artist Buck Ellard</b> 3:45 Documentary</p>	<p style="text-align: center;">14 Valentine's Day</p> <p>10:00 Morning Greeting 10:30 Coffee &amp; Conversation 11:00 Exercise Balloon 12:00 <i>Valentine's Day Pizza Party in the Activity Room by R&amp;VP</i> <b>3:45 Read with Me with the Boys &amp; Girls Club in the Library</b></p>	<p style="text-align: center;">15</p> <p>10:00 "Thor's day" dog visits 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'? 1:30 Movie Matinee 4:00 Individual Engagement</p>	<p style="text-align: center;">16</p> <p>10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Range of Motion 11:30 What's Cookin'? <b>2:00 Music with The Parlor Boys in the Activity Room</b> 3:30 Odie's Walkabout 4:00 Station Exploration</p>	<p style="text-align: center;">17</p> <p>11:00 Exercise Balloon 2:30 Afternoon Stroll 3:00 Table Time 3:30 Remember When...</p>
<p style="text-align: center;">18</p> <p>11:00 Music and Movement 3:30 Good Old Gospel Music <small>YouTube</small> 4:00 Individual Engagement</p>	<p style="text-align: center;">19 Presidents' Day</p> <p>11:00 Range of Motion 11:30 What's Cookin'? <b>2:30 President's Day with George Washington In the Regent Dining Room</b> 4:00 Table Time</p>	<p style="text-align: center;">20</p> <p>10:00 Morning Greeting 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'? 2:00 Afternoon Update <b>2:30 Hawaii Amore Music with Roma</b> 3:45 Documentary</p>	<p style="text-align: center;">21</p> <p>10:00 Morning Greeting 10:30 Coffee &amp; Conversation 11:00 Exercise Balloon 11:30 What's Cookin'? <b>2:00 Worship Message &amp; Music with Roger &amp; Larry in the Activity Room</b> 3:30 Snack Time 4:00 Remember When...</p>	<p style="text-align: center;">22</p> <p>10:00 "Thor's day" dog visits 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'? 1:30 Movie Matinee 4:00 Individual Engagement</p>	<p style="text-align: center;">23</p> <p>10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Range of Motion 11:30 What's Cookin'? <b>2:00 Music with Dennis Blair (Folk/Variety) In the Activity Room</b> 3:30 Happy Hour (W) 4:00 Station Exploration</p>	<p style="text-align: center;">24</p> <p>11:00 Exercise Balloon 2:30 Afternoon Stroll 3:00 Table Time 3:30 Remember When...</p>
<p style="text-align: center;">25</p> <p>11:00 Music and Movement 3:00 Dungeness Valley Mennonite Church Acapella Chorus in the Activity Room 4:00 Individual Engagement</p>	<p style="text-align: center;">26</p> <p>11:00 Range of Motion 11:30 What's Cookin'? 2:30 Monday Music 3:30 Hand Spa 4:00 Table Time</p>	<p style="text-align: center;">27</p> <p>10:00 Morning Greeting 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'? 2:00 Afternoon Update <b>2:00 Music with Jazz Guitarist Brian Douglas</b> 3:45 Documentary</p>	<p style="text-align: center;">28</p> <p>31 10:00 Morning Greeting 10:30 Coffee &amp; Conversation 11:00 Exercise Balloon 11:30 What's Cookin'? 2:00 Afternoon Update 2:30 Arts &amp; Crafts Spin art Tulip 3:00 Snack Time 4:00 Remember When...</p>	<p style="text-align: center;">29 Leap Year Day</p> <p>10:00 "Thor's day" dog visits 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'? 1:30 Movie Matinee 4:00 Individual Engagement</p>	<p><b>Activities through the month may change. Please keep an eye on the daily activity schedule posted on the boards throughout Sherwood for the most up to date event information.</b></p> 	