

April 2024 Sherwood Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities through the month may change. Please keep an eye on the daily activity schedule posted on the boards throughout Sherwood for the most up to date event information</p>	<p>1 9:30 Walky Talky 10:00 Body & Brain Builders  2:00 Easter Message & Music with Gary, Larry & Company 4:00 Seated Yoga</p>	<p>2 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Uno (K) 2:00 Bingo 3:30 Documentary: <i>Nick Baker's Weird Creatures</i> — <i>Basking Shark</i> Amazon</p>	<p>3 9:30 Walky Talky 10:00 Exercise Balloon 10:45 The Grounds of Sherwood 2:00 Music with Celtic Fiddler Derek Stallman 3:30 Zumba Gold Chair Dancing</p>	<p>4 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Phase 10 (K) 2:00 Outing Walmart Shopping 4:00 Seated Tai Chi </p>	<p>5 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Odie's Walkabout 2:00 Brenda's Birds 4:00 Seated Yoga </p>	<p>6 9:30 Walky Talky 10:00 Exercise Balloon 1:30 Second Chance Store 2:00 Movie Matinee: <i>To Catch A Thief</i> (1955 PG Mystery/Romance 1h 46) YouTube</p>
<p>7 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Catholic Mass internet streaming 2:00 Sing along with Pearl 3:00 TUMC Service Internet Streaming</p>	<p>8 9:30 Walky Talky 10:00 Body & Brain Builders 2:00 Bible Study with Dr. Regina 4:00 Seated Yoga</p>	<p>9 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Uno (K) 2:00 Bingo 3:30 Documentary: <i>Nick Baker's Weird Creatures</i> — <i>Star-Nosed Mole</i> Amazon</p>	<p>10 9:30 Walky Talky 10:00 Exercise Balloon 10:45 In the Kitchen 2:00 Music with Dennis Blair (Folk/Variety) 3:45 Read with Me with the Boys & Girls Club</p>	<p>11 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Phase 10 (K) 2:00 Outing Spring on the Peninsula Scenic Drive  4:00 Seated Tai Chi</p>	<p>12 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Odie's Walkabout 2:00 Arts & Crafts April Showers pt 1  4:00 Seated Yoga</p>	<p>13 9:30 Walky Talky 10:00 Exercise Balloon 1:30 Second Chance Store 2:00 Movie Matinee: <i>The Miracle Club</i> (2023 PG-13 Drama/Comedy 1h 30m) YouTube</p>
<p>14 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Catholic Mass internet streaming 2:00 Sing along with Pearl 3:00 DCC Service internet Streaming</p>	<p>15 9:30 Walky Talky 10:00 Body & Brain Builders 2:00 Relaxing with Color 4:00 Seated Yoga</p>	<p>16 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Uno (K) 2:00 Bingo 3:30 Documentary: <i>Nick Baker's Weird Creatures</i> — <i>The Human Fish</i> Amazon</p>	<p>17 9:30 Walky Talky 10:00 Exercise Balloon 10:45 Farkle 2:00 Arts & Crafts April Showers pt 2 3:30 Zumba Gold Chair Dancing</p>	<p>18 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Phase 10 (K) 2:00 Outing Lunch at Oak Table  4:00 Seated Tai Chi</p>	<p>19 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Odie's Walkabout 2:00 Music with Washington Old Time Fiddlers 3:30 Earth Day BYOB Happy Hour </p>	<p>20 9:30 Walky Talky 10:00 Exercise Balloon 1:30 Second Chance Store 2:00 Movie Matinee: Newsies (2017 PG Drama/Broadway Musical 2h 14m) Disney+</p>
<p>21 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Catholic Mass internet streaming 2:00 Sing along with Pearl 3:00 SCC Service internet Streaming</p>	<p>22 Earth Day 9:30 Walky Talky 10:00 Body & Brain Builders 2:00 Relaxing with Color in the Activity Room 4:00 Seated Yoga</p>	<p>23 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Uno (K) 2:00 Bingo 3:30 Documentary: <i>Nick Baker's Weird Creatures</i> — <i>The Real Gremlin</i> Amazon</p>	<p>24 9:30 Walky Talky 10:00 Exercise Balloon 10:45 Resident Council 2:00 Worship Message & Music With Gary, Larry & Company 3:30 Zumba Gold Chair Dancing</p>	<p>25 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Phase 10 (K) 2:00 Outing Kitty City  4:00 Seated Tai Chi</p>	<p>26 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Odie's Walkabout 11:00 Glasses Tune-up with EJ 2:00 Blooms & Bites Flower Arranging by RSVP  4:00 Seated Yoga (K)</p>	<p>27 9:30 Walky Talky 10:00 Exercise Balloon 1:30 Second Chance Store 2:00 Movie Matinee: <i>A Million Miles Away</i> (2023 PG Adventure/Comedy 2h 1m) Amazon</p>
<p>28 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Catholic Mass internet streaming 3:00 Dungeness Valley Mennonite Church Chorus</p>	<p>29 9:30 Walky Talky 10:00 Body & Brain Builders 2:00 Relaxing with Color in the Activity Room 4:00 Seated Yoga</p>	<p>30 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Uno (K) 2:00 Music with Choral Bells (Women's Ensemble) 3:30 Documentary: <i>Nick Baker's Weird Creatures</i> — <i>The Swamp Thing</i> Amazon</p>	<p>Happy Birthday! Fran Hill 4/1 Mary McArthur 4/15 Sheila Cope 4/21 Mary Patton 4/29 </p>		<p>EARTH'S HIDE & SEEK APRIL 15-19 </p>	