









May 2024 South Hampton Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>10:00 Exercise Balloon 10:45 Grounds of Sherwood Coffee Shop in the Windsor Room</p>  <p>2:00 In the Kitchen 3:30 Snack Time 4:00 Remember When...</p>	<p>2</p> <p>10:00 "Thor's day" dog visits 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'?</p> <p>1:30 Movie Matinee</p> <p>4:00 Individual Engagement</p>	<p>3</p> <p>10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Range of Motion 11:30 What's Cookin'?</p> <p>2:00 Music with Country Artist Buck Ellard ALC</p> <p>4:00 Station Exploration</p>	<p>4</p> <p>11:00 Exercise Balloon</p> <p>2:30 Afternoon Stroll</p> <p>3:00 Table Time</p> <p>3:30 Remember When...</p>
<p>5</p> <p>11:00 Music and Movement</p> <p>3:30 Sing along with Pearle</p> <p>4:00 Individual Engagement</p>	<p>6</p> <p>11:00 Range of Motion 11:30 What's Cookin'?</p> <p>2:00 Music with The Secords (Old Time Country) ALC</p> <p>3:30 Hand Spa 4:00 Music Monday</p>	<p>7</p> <p>10:00 Morning Greeting 10:30 Browse the Library 11:00 Full Body Fitness 11:30 What's Cookin'?</p> <p>2:00 Afternoon Update 2:30 Fine Motor — Poppy Suncatchers</p>  <p>3:45 Documentary</p>	<p>8</p> <p>10:00 Morning Greeting 10:30 Coffee & Conversation 11:00 Exercise Balloon 2:00 Afternoon Update 2:30 Remember When...</p> <p>3:45 Read with Me with the Boys & Girls Club in the Library</p> 	<p>9</p> <p>10:00 "Thor's day" dog visits 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'?</p> <p>2:00 Music with Kip Tulin Accordion Extraordinaire ALC</p> <p>4:00 Individual Engagement</p>	<p>10</p> <p>10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Range of Motion 11:30 What's Cookin'?</p> <p>2:00 Afternoon Update</p> <p>3:00 Cheers to Moms BYOB Happy Hour</p> 	<p>11</p> <p>11:00 Exercise Balloon</p> <p>2:30 Afternoon Stroll</p> <p>3:00 Table Time</p> <p>3:30 Remember When...</p>
<p>12 Mother's Day</p> <p>11:00 Special Delivery</p> <p>3:30 Mother's Day Afternoon Tea</p> 	<p>13</p> <p>11:00 Range of Motion 11:30 What's Cookin'?</p> <p>2:00 Relaxing with Color 3:30 Hand Spa 4:00 Music Monday</p>	<p>14</p> <p>10:00 Morning Greeting 10:30 Browse the Library 11:00 Full Body Fitness 11:30 What's Cookin'?</p> <p>2:00 Afternoon Update</p> <p>2:30 Music with Jazz Guitarist Brian Douglas</p> <p>3:45 Documentary</p>	<p>15</p> <p>10:00 Morning Greeting 10:30 Coffee & Conversation 11:00 Exercise Balloon</p> <p>2:00 Worship Message & Music With Gary, Larry & Company ALC</p> <p>3:30 Snack Time 4:00 Remember When...</p>	<p>16</p> <p>10:00 "Thor's day" dog visits 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'?</p> <p>1:30 Movie Matinee</p> <p>4:00 Individual Engagement</p>	<p>17</p> <p>10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Range of Motion 11:30 What's Cookin'?</p> <p>2:00 Arts & Crafts Poppy Wreath pt 1 ALC</p>  <p>3:30 Odie's Walkabout 4:00 Station Exploration</p>	<p>18</p> <p>11:00 Exercise Balloon</p> <p>2:00 EXPERIENCE ELVIS — A Tribute by Robbie Dee in the Regent Dining Room</p> <p>3:30 Remember When...</p>
<p>19</p> <p>11:00 Music and Movement</p> <p>3:30 Sing along with Pearle</p> <p>4:00 Individual Engagement</p>	<p>20</p> <p>11:00 Range of Motion 11:30 What's Cookin'?</p> <p>2:30 Relaxing with Color 3:30 Hand Spa 4:00 Music Monday</p>	<p>21</p> <p>10:00 Morning Greeting 10:30 Browse the Library 11:00 Full Body Fitness 11:30 What's Cookin'?</p> <p>2:30 Hawaii Amore Music with Roma</p> <p>3:45 Documentary</p>	<p>22</p> <p>10:00 Morning Greeting 10:30 Coffee & Conversation 11:00 Exercise Balloon 11:30 What's Cookin'?</p> <p>2:00 Music with Patty & Anna (Piano and Cello duo) ALC</p> <p>3:30 Snack Time 4:00 Remember When...</p>	<p>23</p> <p>10:00 "Thor's day" dog visits 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'?</p> <p>1:30 Movie Matinee</p> <p>4:00 Individual Engagement</p>	<p>24</p> <p>10:00 Morning Greeting 10:30 Range of Motion 11:00 Glasses Tune-up with EJ — ALC</p>  <p>11:30 What's Cookin'?</p> <p>2:00 Afternoon Update 2:30 Sensory — At the Beach 3:30 Odie's Walkabout 4:00 Station Exploration</p>	<p>25</p> <p>11:00 Exercise Balloon</p> <p>2:30 Afternoon Stroll</p> <p>3:00 Table Time</p> <p>3:30 Remember When...</p>
<p>26</p> <p>11:00 Music and Movement</p> <p>3:00 Dungeness Valley Mennonite Church Chorus ALC</p> <p>4:00 Individual Engagement</p>	<p>27</p> <p>11:00 Range of Motion 11:30 What's Cookin'?</p> <p>2:00 Relaxing with Color — ALC 3:30 Hand Spa 4:00 Music Monday</p>	<p>28</p> <p>10:00 Morning Greeting 10:30 Browse the Library 11:00 Full Body Fitness 11:30 What's Cookin'?</p> <p>2:00 Afternoon Update</p> <p>2:00 Music with Craig Buhler (Sax, Clarinet, & Song)</p> <p>3:45 Documentary</p>	<p>22</p> <p>10:00 Morning Greeting 10:30 Coffee & Conversation 11:00 Exercise Balloon 11:30 What's Cookin'?</p> <p>2:00 Afternoon Update 2:30 In the Kitchen</p>  <p>3:30 Snack Time 4:00 Remember When...</p>	<p>23</p> <p>10:00 "Thor's day" dog visits 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What's Cookin'?</p> <p>1:30 Movie Matinee</p> <p>4:00 Individual Engagement</p>	<p>24</p> <p>10:00 Morning Greeting 10:30 Range of Motion 11:00 Glasses Tune-up with EJ — ALC 11:30 What's Cookin'?</p> <p>2:00 RD & Friends Hawaiian music and dancers ALC</p> <p>3:30 Odie's Walkabout 4:00 Station Exploration</p>	<p>Activities through the month may change. Please keep an eye on the daily activity schedule posted on the boards throughout Sherwood for the most up to date event information.</p>