










NOVEMBER 2024 SOUTH HAMPTON ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">HAPPY BIRTHDAY</p> <p style="text-align: center;">Gracie Skewes Jack Vogt — Nov. 17 — Nov. 18</p> 			<p style="text-align: center;">Activities through the month may change. Please keep an eye on the daily activity schedule posted on the boards throughout Sherwood for the most up to date event information.</p>		<p>1 10:00 Range of Motion 10:45 Grounds of Sherwood Coffee Shop in the Windsor Room 11:30 What's Cookin'? 2:00 Washington Old Time Fiddlers (Country) ALC 3:30 Hydro-Break Games & Puzzles 4:00 Changing Seasons Decorating</p> 	<p>2 11:00 Exercise Balloon 2:00 Hydro-Break 2:30 Sing along with Jacob 3:00 Table Time 3:30 Remember When...</p>
<p>3 11:00 Music and Movement 3:00 Hydro-Break 3:30 Afternoon Stroll 4:00 Individual Engagement</p>	<p>4 11:00 Range of Motion 11:30 What's Cookin'? 2:00 Music with The Secords (Old Time Country) ALC 3:30 Hydro-Break Games & Puzzles 4:00 Changing Seasons Decorating</p>	<p>5 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Full Body Fitness 11:30 What's Cookin'? 2:00 Hydro-Break 2:30 Small Piping Music with Donna & Friends (Variety) 3:30 Happy Hour in the Windsor Room</p>	<p>6 10:00 Morning Greeting 10:30 Browse the Library 11:00 Exercise Balloon 11:30 What's Cookin'? 2:00 Arts & Crafts Happy Harvest Wreath (ALC) 3:30 Hydro-Break Games & Puzzles 4:00 Changing Seasons Decorating</p> 	<p>7 10:00 Reading with Tiffany 10:30 "Thor's day" dog visits 11:00 Full Body Fitness 11:30 What's Cookin'? 2:00 Brenda's Birds (ALC) 3:00 Hydro-Break Games & Puzzles 4:00 Changing Seasons Decorating</p> 	<p>8 10:00 Morning Greeting 10:30 Let's Get Growing! 11:00 Range of Motion 11:30 What's Cookin'? 2:00 Music with Jim Roberson (Variety) ALC 3:30 Hydro-Break Games & Puzzles 4:00 Pixie's Walkabout</p>	<p>9 11:00 Exercise Balloon 2:00 Hydro-Break 2:30 Sing along with Jacob 3:00 Table Time 3:30 Remember When...</p>
<p>10 11:00 Music and Movement 3:00 Hydro-Break 3:30 Afternoon Stroll 4:00 Individual Engagement</p>	<p>11 11:00 Range of Motion 11:30 What's Cookin'? 2:00 Hydro-Break 2:15 In the Kitchen 2:45 Games & Puzzles 3:30 Snack Time 4:00 Music Monday</p>	<p>12 10:00 Morning Greeting 10:30 Haunting the Halls (Seasonal Decorating) 11:00 Full Body Fitness 11:30 What's Cookin'? 2:00 Hydro-Break 2:30 Country Artist Buck Ellard 3:30 Happy Hour in the Windsor Room</p>	<p>13 10:00 Morning Greeting 10:30 Browse the Library 11:00 Exercise Balloon 11:30 What's Cookin'? 2:00 Hydro-Break Games & Puzzles 3:45 Read with Me with The Boys & Girls Club (Library)</p> 	<p>14 10:00 Reading with Tiffany 10:30 "Thor's day" dog visits 11:00 Full Body Fitness 11:30 What's Cookin'? 1:30 Movie Matinee 4:00 Hydro-Break</p>	<p>15 10:00 Morning Greeting 10:30 Let's Get Growing! 11:00 Range of Motion 11:30 What's Cookin'? 2:00 Music with Olympic Theatre Arts Singers (Showtunes) ALC 3:30 Hydro-Break Games & Puzzles 4:00 Odie's Walkabout</p>	<p>16 9:30 Walky Talky 10:00 Exercise Balloon 1-4 p.m. Timeless Treasures Olympic Peninsula Doll Show (ALC)</p> 
<p>17 11:00 Music and Movement 3:00 Hydro-Break 3:30 Afternoon Stroll 4:00 Individual Engagement</p>	<p>18 11:00 Range of Motion 11:30 What's Cookin'? 2:00 Hydro-Break 2:15 In the Kitchen 2:45 Games & Puzzles 3:30 Snack Time 4:00 Music Monday</p>	<p>19 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Full Body Fitness 11:30 What's Cookin'? 2:00 Hydro-Break 2:30 Hawaii Amore Music with Roma 3:30 Happy Hour in the Windsor Room</p>	<p>20 10:00 Morning Greeting 10:30 Haunting the Halls (Seasonal Decorating) 11:00 Exercise Balloon 11:30 What's Cookin'? 2:00 Worship Message and Music With Gary & Larry and company 3:30 Hydro-Break 4:00 Deck the Halls</p>	<p>21 10:00 Reading with Tiffany 10:30 "Thor's day" dog visits 11:00 Full Body Fitness 11:30 What's Cookin'? 1:30 Movie Matinee 4:00 Hydro-Break</p>	<p>22 10:00 Morning Greeting 10:30 Range of Motion 11:00 Glasses Tune-up with EJ (ALC) 11:30 What's Cookin'? 2:00 Music with Dennis Blair (Folk/Variety) ALC 3:30 Hydro-Break Games & Puzzles 4:00 Deck the Halls</p> 	<p>23 11:00 Exercise Balloon 2:00 Hydro-Break 2:30 Sing along with Jacob 3:00 Table Time 3:30 Deck the Halls</p>
<p>24 11:00 Music and Movement 2:00 Hydro-Break 3:00 Dungeness Valley Mennonite Church Chorus ALC 4:00 Deck the Halls</p>	<p>25 11:00 Range of Motion 11:30 What's Cookin'? 2:30 Jazz Guitarist Brian Douglas 3:30 Hydro-Break Games & Puzzles 4:00 Deck the Halls</p>	<p>26 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Full Body Fitness 11:30 What's Cookin'? 2:00 Hydro-Break 2:30 Deck the Halls 3:30 Happy Hour in the Windsor Room</p>	<p>27 10:00 Morning Greeting 10:30 Browse the Library 11:00 Exercise Balloon 11:30 What's Cookin'? 2:00 Arts & Crafts Santa's Hat 3:30 Hydro-Break 4:00 Deck the Halls</p> 	<p>28 HAPPY Thanksgiving 11:00 Full Body Fitness 2:00 Movie Matinee</p> 	<p>29 10:00 Range of Motion 10:30 Let's Get Growing! 11:00 Range of Motion 11:30 What's Cookin'? 2:00 Music with Aaron Taylor (Country) ALC 3:30 Hydro-Break Games & Puzzles 4:00 Deck the Halls</p>	<p>30 11:00 Exercise Balloon 2:00 Hydro-Break 2:30 Sing along with Jacob 3:00 Table Time 3:30 Remember When...</p>