




# February 2025 Sherwood Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Janice R. — Feb. 6</b>  <b>David S. — Feb. 7</b>  <b>Lois T. — Feb. 12</b>  <b>Louise C. — Feb. 17</b>  <b>Jannine N. — Feb. 19</b></p> <p><b>Happy Birthday!</b></p>			<p>Activities through the month may change. Please keep an eye on the daily activity schedule posted on the boards throughout Sherwood for the most up to date event information.</p>			<p><b>1</b> 9:30 Walky Talky            10:00 Exercise Balloon            1:30 Second Chance Store  <b>2:00 Movie Matinee:</b>            A Shot in the Dark (1964 Comedy/Caper 1h 42m)            Max</p>

<p><b>2</b> 9:30 Walky Talky            10:00 Full Body Fitness            10:45 Catholic Mass internet streaming            2:00 Sing Along with Jacob            3:00 TUMC Service Internet Streaming</p>	<p><b>3</b> 9:30 Walky Talky            10:00 Body &amp; Brain Builders            10:45 Phase 10  <b>2:00 Music with The Secords (Old Time Country)</b>            3:30 Floral Flair Bouquet creation</p>	<p><b>4</b> 9:30 Walky Talky            10:00 Full Body Fitness            10:45 Uno            2:00 Bingo            3:30 Happy Hour Raspberry Lime Ricky</p>	<p><b>5</b> 9:30 Walky Talky            10:00 Exercise Balloon            10:45 Farkle            2:00 Let's Talk About Jesus with Harry Damian            3:30 Arts &amp; Crafts Paper Hearts Valentine Wreath</p> 	<p><b>6</b> 9:30 Walky Talky            10:00 Body &amp; Brain Builders            10:45 Documentary: <i>Miracles of Nature: Patagonia, Belize, New Zealand</i> Prime  <b>2:00 Outing Walmart Shopping</b>            4:00 Afternoon Stroll</p>	<p><b>7</b> 9:30 Walky Talky            10:00 Full Body Fitness  <b>10:45 Grounds of Sherwood Specialty Coffee Shop in the Windsor Room</b>  <b>2:00 Washington Old Time Fiddlers</b>            3:30 Room Visits</p>	<p><b>8</b> 9:30 Walky Talky            10:00 Exercise Balloon            1:30 Second Chance Store  <b>2:00 Movie Matinee:</b>            The Peanut Butter Falcon (2019 PG-13 Quest/Drama 1h 37m)            Netflix</p>
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<p><b>9</b> 9:30 Walky Talky            10:00 Full Body Fitness            10:45 Catholic Mass internet streaming            2:00 Sing Along with Jacob            3:30 Superbowl 59 In the Activity Room</p> 	<p><b>10</b> 9:30 Walky Talky            10:00 Body &amp; Brain Builders            10:45 Phase 10  <b>2:00 Bible Study with Dr. Regina</b>            3:30 Floral Flair Bouquet creation</p> 	<p><b>11</b> 9:30 Walky Talky            10:00 Full Body Fitness            10:45 Uno            2:00 Bingo in the Kensington Room            3:30 Happy Hour Fanta Floats with the Helen Haller Kindness Club in the Activity Room</p> 	<p><b>12</b> 9:30 Walky Talky            10:00 Exercise Balloon  <b>10:45 Resident Council</b>            2:00 In the Kitchen  <b>3:45 Read with Me with The Boys &amp; Girls Club In the Library</b></p>	<p><b>13</b> 9:30 Walky Talky            10:00 Body &amp; Brain Builders  <b>11:00 P.A. Arts &amp; Events Hall Lunch, Gallery, and Theater Tour</b>            4:00 Afternoon Stroll</p>	<p><b>14 Valentine's Day</b>            9:30 Walky Talky            10:00 Full Body Fitness            12:00 A Slice of My Heart Pizza Party (by RSVP)  <b>3:00 ALOHA, VALENTINE! MUSIC WITH RD &amp; FRIENDS</b></p> 	<p><b>15</b> 9:30 Walky Talky            10:00 Exercise Balloon  <b>2:00 Movie Matinee:</b>            La La Land (2016 PG-13 Musical/Drama 2h 8m)            YouTube</p>
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**Douglas the Groundhog's Hide and Seek! Feb 10-14**

<p><b>16</b> 9:30 Walky Talky            10:00 Full Body Fitness            10:45 Catholic Mass internet streaming</p>	<p><b>17</b> 9:30 Walky Talky            10:00 Body &amp; Brain Builders            10:45 Phase 10  <b>2:00 Worship Message &amp; Music with Gary, Larry &amp; Co.</b>            3:30 Floral Flair Bouquet creation</p>	<p><b>18</b> 9:30 Walky Talky            10:00 Full Body Fitness            10:45 Uno            2:00 Bingo            3:30 Happy Hour Maple Mocktail</p>	<p><b>19</b> 9:30 Walky Talky            10:00 Exercise Balloon            10:45 Farkle  <b>2:30 Contemporary Conversations with George Washington</b> in the Regent Dining Room</p> 	<p><b>20</b> 9:30 Walky Talky            10:00 Body &amp; Brain Builders            10:45 Documentary: <i>Miracles of Nature: UK, Spanish Andalusia, Sierra Nevada</i> Prime  <b>1:45 House of Learning at Peninsula College</b>  <b>2:00 Food Forum with Chef Andrew</b>            4:00 Afternoon Stroll</p>	<p><b>21</b> 9:30 Walky Talky            10:00 Full Body Fitness            11:00 Glasses            Tune-up with EJ and Play ball with Odie in the Activity Room  <b>2:00 Music with Dennis Blair (Folk/Variety)</b>            3:30 Room Visits</p> 	<p><b>22</b> 9:30 Walky Talky            10:00 Exercise Balloon            1:30 Second Chance Store  <b>1:30 Movie Matinee:</b>            The Six Triple Eight (2024 PG-13 History/Drama 2h 7m)            Netflix</p>
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<p><b>23</b> 9:30 Walky Talky            10:00 Full Body Fitness            10:45 Catholic Mass internet streaming            2:00 Sing Along with Jacob  <b>3:00 Dungeness Valley Mennonite Church Chorus</b></p>	<p><b>24</b> 9:30 Walky Talky            10:00 Body &amp; Brain Builders            10:45 Phase 10  <b>2:00 Town Hall Meeting</b>            3:30 Floral Flair Bouquet creation</p>	<p><b>25</b> 9:30 Walky Talky            10:00 Full Body Fitness            10:45 Uno            2:00 Bingo            3:30 Happy Hour San Francisco Marriott's Pink Punch</p>	<p><b>26</b> 9:30 Walky Talky            10:00 Exercise Balloon            10:45 Farkle            2:00 Arts &amp; Crafts Pencil Holders for dining room Pt. 1</p> 	<p><b>27</b> 9:30 Walky Talky            10:00 Body &amp; Brain Builders            10:45 Documentary: <i>Miracles of Nature: Yemen, Yemeni Island of Socotra, Oman</i> Prime  <b>2:00 Scenic Drive</b>            4:00 Afternoon Stroll</p>	<p><b>28</b> 9:30 Walky Talky            10:00 Full Body Fitness            10:45 Odie's Walkabout  <b>2:00 Clallam County Story-tellers</b>            3:30 Room Visits</p> 
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