








May 2025 Sherwood Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Inga P. — May 1 Jan J. — May 5 Marilyn D. — May 14</p> <p>Joyce S. — May 17 Beth M. — May 20 Earl P. — May 21</p>		<p>Activities through the month may change. Please keep an eye on the daily activity schedule posted on the boards throughout Sherwood for the most up to date event information.</p>		<p>1 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Documentary: <i>Wildest: Islands Amazon River Islands</i> Prime 2:00 Outing Walmart Shopping 4:00 Afternoon Stroll</p>	<p>2 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Grounds of Sherwood Specialty Coffee Shop in the Windsor Room 2:00 Music with Country Artist Buck Ellard 3:30 Room Visits</p>	<p>3 9:30 Walky Talky 10:00 Exercise Balloon 1:30 Second Chance Store 2:00 Movie Matinee: Revenge of the Pink Panther (1978 PG Comedy/Caper 1h 39m) Max</p>
<p>4 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Catholic Mass internet streaming 2:00 Sing Along with Jacob 3:00 TUMC Service Internet Streaming</p>	<p>5 9:30 Walky Talky 10:00 Body & Brain Builders 11:00 Super Cooper's Dog Show with Nicole 2:00 Music with The Secords (Old Time Country) 3:30 Floral Flair Bouquet creation</p>	<p>6 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Gardening & Lemonade in the Kensington Courtyard Or Phase 10 2:00 Bingo 3:30 ¡Cinco de Mayo el seis! Happy Hour Margarita Mocktails</p> 	<p>7 9:30 Walky Talky 10:00 Exercise Balloon 10:45 Uno 2:00 Let's Talk About Jesus With Harry Damian 3:30 Sequim Wheelers adaptive bicycle ride info and sign-up</p>	<p>8 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Documentary: <i>Wildest: Islands Vancouver Island — River of Life</i> Prime 2:00 Scenic Drive 4:00 Afternoon Stroll</p>	<p>9 9:30 Walky Talky 10:00 Full Body Fitness 11:00 Odie's Walkabout 2:30 Music with Dennis Blair in the Regent Dining Room (Folk/Variety) 3:30 Room Visits</p>	<p>10 9:30 Walky Talky 10:00 Exercise Balloon 1:30 Second Chance Store 2:00 Movie Matinee: Hook (1991 PG Adventure/Fantasy 2h 22m) YouTube</p>
<p>11 Mother's Day 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Mother's Day Special Delivery 2:00 Mother's Day Beach Bash</p> 	<p>12 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Farkle 2:00 Bible Study with Dr. Regina 3:30 Floral Flair Bouquet creation</p> 	<p>13 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Gardening & Lemonade in the Kensington Courtyard Or Phase 10 2:00 Bingo in the Kensington Room 3:30 Happy Hour Pineapple Ginger Zinger</p>	<p>14 9:30 Walky Talky 10:00 Exercise Balloon 10:45 Resident Council 2:00 In the Kitchen with The Boys & Girls Club In the Library</p>	<p>15 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Documentary: <i>Wildest: Islands Philippines Islands of Mystery</i> Prime 2:00 New Dungeness Nursery 4:00 Afternoon Stroll</p>	<p>16 9:30 Walky Talky 10:00 Full Body Fitness 11:00 Odie's Walkabout 2:00 Music with Kip Tulin Accordion Extraordinaire 3:30 Room Visits</p>	<p>17 9:30 Walky Talky 10:00 Exercise Balloon 2:00 Movie Matinee: August Rush (2007 PG Drama/Music 1h 54m) YouTube</p>
<p><i>Bloomin' Hide & Seek May 12-16</i></p>						
<p>18 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Catholic Mass internet streaming 2:00 Sing Along with Jacob 3:30 SCC Service Internet Streaming</p>	<p>19 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Farkle 2:00 Town Hall Meeting 3:30 Floral Flair Bouquet creation</p>	<p>20 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Gardening & Lemonade in the Kensington Courtyard Or Phase 10 2:00 Bingo 3:30 Happy Hour Citrus Chai Soda</p>	<p>21 9:30 Walky Talky 10:00 Exercise Balloon 10:45 Uno 1:45 Sequim Wheelers 2:00 Worship Message & Music With Gary, Larry & Co. 3:30 Men's Group</p>	<p>22 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Documentary: <i>Wildest: Islands Falkland Islands Penguin Paradise</i> 2:00 Sherwood Downs Horse Racing 4:00 Afternoon Stroll</p> 	<p>23 9:30 Walky Talky 10:00 Full Body Fitness 11:00 Glasses Tune-up with EJ 2:00 Music with Washington Old Time Fiddlers 3:30 Room Visits</p> 	<p>24 9:30 Walky Talky 10:00 Exercise Balloon 1:30 Second Chance Store 2:00 Movie Matinee: Tangled (2010 PG Fairy Tale/Musical 1h 40m) Disney+</p>
<p>25 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Catholic Mass internet streaming 1:30 House of David: <i>A Shepherd and King</i> (58m) Prime 3:00 Dungeness Valley Mennonite Church Chorus</p>	<p>26 Memorial Day 9:30 Walky Talky 10:00 Body & Brain Builders 10:45 Farkle 2:00 A Day of Remembrance — Tea in the Windsor Room 3:30 Floral Flair Bouquet creation</p>	<p>27 9:30 Walky Talky 10:00 Full Body Fitness 10:45 Gardening & Lemonade in the Kensington Courtyard Or Phase 10 2:00 Bingo 3:30 Happy Hour Monica's Baptist Sangria</p> 	<p>28 9:30 Walky Talky 10:00 Exercise Balloon 10:45 Uno 1:45 Sequim Wheelers 2:00 Arts & Crafts pt. 1 Spring in Bloom 3:30 Room Visits</p>	<p>29 9:30 Walky Talky 10:00 Body & Brain Builders 11:30 Sack Lunch Outing to Dungeness River Nature Center 2:00 Food Forum 4:00 Afternoon Stroll</p>	<p>30 9:30 Walky Talky 10:00 Full Body Fitness 11:00 Glasses Tune-up with EJ and play ball with Odie 2:00 Music with Claudia Nash (Variety) 3:30 Room Visits</p>	<p>31 9:30 Walky Talky 10:00 Exercise Balloon 1:30 Second Chance Store 2:00 Movie Matinee: The Secret Life of Walter Mitty (2013 PG Adventure/Comedy 1h 54m) YouTube</p>