

# May 2025 South Hampton Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Earl P. – May 21</b></p>		<p>Activities through the month may change. Please keep an eye on the daily activity schedule posted on the boards throughout Sherwood for the most up to date event information.</p>		<p><b>1</b> 10:00 Reading with Tiffany 10:30 “Thor’s day” dog visits 11:00 Full Body Fitness 11:30 What’s Cookin’?  <b>1:30 Movie Matinee</b>  4:00 Hydro-Break and Individual Engagement</p>	<p><b>2</b> 10:00 Range of Motion 10:45 Grounds of Sherwood Coffee Shop in the Windsor Room 11:30 What’s Cookin’? <b>2:00 Music with Country Artist Buck Ellard (ALC)</b> 3:30 Hydro-Break Games &amp; Puzzles 4:00 Odie’s Walkabout</p> 	<p><b>3</b> 11:00 Exercise Balloon 2:00 Hydro-Break 2:30 Sing along with Jacob 3:00 Table Time 3:30 Remember when</p>
<p><b>4</b> 11:00 Music and Movement 3:00 Hydro-Break 3:30 Afternoon Stroll 4:00 Individual Engagement</p>	<p><b>5</b> 10:00 Exercise Balloon <b>11:00 Super Cooper’s Dog Show with Nicole (ALC)</b> 11:30 What’s Cookin’? <b>2:00 Music with The Secords (Old Time Country ALC)</b> 3:00 Hydro-break Games &amp; Puzzles 4:00 Music Monday</p>	<p><b>6</b> 10:00 Morning Greeting 10:30 Full Body Fitness 11:00 Reading with Tiffany 11:30 What’s Cookin’? 2:00 Hand Spa  <b>3:30 ¡Cinco de Mayo el seis! Happy Hour</b> in the Windsor Room</p> 	<p><b>7</b> 10:00 Exercise Balloon 10:30 Baking Bread 11:00 Exercise Balloon 11:30 What’s Cookin’? 2:00 Arts &amp; Crafts Rock Painting  3:30 Hydro-Break with fresh bread</p> 	<p><b>8</b> 10:00 Reading with Tiffany 10:30 “Thor’s day” dog visits 11:00 Full Body Fitness 11:30 What’s Cookin’?  <b>1:30 Movie Matinee</b>  4:00 Hydro-Break and Individual Engagement</p>	<p><b>9</b> 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Range of Motion <b>2:30 Music with Dennis Blair in the Regent Dining Room (Folk/Variety)</b> 3:30 Hydro-Break Games &amp; Puzzles 4:00 Odie’s Walkabout</p>	<p><b>10</b> 11:00 Exercise Balloon 2:00 Hydro-Break 2:30 Sing along with Jacob 3:00 Table Time 3:30 Remember when</p>
<p><b>11 Mother’s Day</b> 11:00 Mother’s Day Special Delivery <b>2:00 Mother’s Day Beach Bash (ALC)</b></p> 	<p><b>12</b> 10:00 Morning Greeting 10:30 Exercise Balloon 11:00 Word Games 11:30 What’s Cookin’? 2:00 In the Kitchen and Snack Time 3:00 Hydro-break and Snack Time 3:30 Games &amp; Puzzles 4:00 Music Monday</p>	<p><b>13</b> 10:00 Morning Greeting 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What’s Cookin’? <b>2:30 MUSIC With Pianist Isabelle Rose</b> and Hydro-break 3:30 Happy Hour in the Windsor Room</p>	<p><b>14</b> 10:00 Morning Greeting 10:30 Baking Bread 11:00 Exercise Balloon 11:30 What’s Cookin’? 2:00 Hydro-break with fresh bread <b>3:45 Read with Me with The Boys &amp; Girls Club (Library)</b></p> 	<p><b>15</b> 10:00 Full Body Fitness 10:30 “Thor’s day” dog visits  <b>1:30 Movie Matinee</b>  4:00 Hydro-Break and Individual Engagement</p>	<p><b>16</b> 10:00 Morning Greeting 10:30 Resident Room Visits 11:00 Range of Motion 11:30 What’s Cookin’? <b>2:00 Music with Kip Tulin Accordion Extraordinaire</b> 4:00 Hydro-break</p>	<p><b>17</b> 11:00 Exercise Balloon 2:00 Hydro-Break 2:30 Sing along with Jacob 3:00 Table Time 3:30 Remember when</p>
<p><b>18</b> 11:00 Music and Movement 3:00 Hydro-Break 3:30 Afternoon Stroll 4:00 Individual Engagement</p>	<p><b>19</b> 10:00 Morning Greeting 10:30 Exercise Balloon 11:00 Word Games 11:30 What’s Cookin’? 2:00 In the Kitchen and Snack Time 3:30 Games &amp; Puzzles 4:00 Music Monday</p>	<p><b>20</b> 10:00 Morning Greeting 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What’s Cookin’? 2:00 Hydro-Break <b>2:30 Music with Craig Buhler &amp; Al Harris (Variety)</b> 3:30 Happy Hour in the Windsor Room</p>	<p><b>21</b> 10:00 Morning Greeting 10:30 Baking Bread 11:00 Exercise Balloon 11:30 What’s Cookin’? <b>2:00 Worship Message &amp; Music With Gary, Larry &amp; Co.</b> 3:30 Hydro-Break with fresh bread</p>	<p><b>22</b> 10:00 Reading with Tiffany 10:30 “Thor’s day” dog visits 11:00 Full Body Fitness 11:30 What’s Cookin’? <b>2:00 Sherwood Downs Horse Racing</b>  4:00 Hydro-Break and Individual Engagement</p> 	<p><b>23</b> 10:00 Morning Greeting 10:30 Range of Motion 11:00 Glasses Tune-up with EJ 11:30 What’s Cookin’? <b>2:00 Music with Washington Old Time Fiddlers (ALC)</b> 3:30 Hydro-Break Games &amp; Puzzles 4:00 Pixie’s Walkabout</p> 	<p><b>24</b> 11:00 Exercise Balloon <b>2:00 Music with Patti &amp; Anna (Piano and Cello)</b> 3:00 Hydro-Break and Table Time 3:30 Remember when</p>
<p><b>25</b> 11:00 Music and Movement <b>3:00 Dungeness Valley Mennonite Church Chorus (ALC)</b> 4:00 Individual Engagement</p>	<p><b>26 Memorial Day</b> 10:00 Morning Greeting 10:30 Exercise Balloon 11:00 Word Games 11:30 What’s Cookin’? <b>2:00 A Day of Remembrance — Tea in the Windsor Room</b> 3:30 Games &amp; Puzzles 4:00 Music Monday</p> 	<p><b>27</b> 10:00 Morning Greeting 10:30 Reading with Tiffany 11:00 Full Body Fitness 11:30 What’s Cookin’? 2:00 Hydro-Break <b>2:30 Music with Dan and Anna (Variety)</b> 3:30 Happy Hour in the Windsor Room</p>	<p><b>28</b> 10:00 Morning Greeting 10:30 Baking Bread 11:00 Exercise Balloon 2:00 Arts &amp; Crafts Spring in Bloom pt 1 (ALC)  3:30 Hydro-Break with fresh bread</p> 	<p><b>29</b> 10:00 Reading with Tiffany 10:30 “Thor’s day” dog visits 11:00 Full Body Fitness 11:30 What’s Cookin’?  <b>1:30 Movie Matinee</b>  4:00 Hydro-Break and Individual Engagement</p>	<p><b>30</b> 10:00 Morning Greeting 10:30 Range of Motion 11:00 Range of Motion 11:30 What’s Cookin’? <b>2:00 Music with Claudia Nash (Variety/Swing Jazz ALC)</b> 3:30 Hydro-Break Games &amp; Puzzles 4:00 Odie’s Walkabout</p>	<p><b>31</b> 11:00 Exercise Balloon 2:00 Hydro-Break 2:30 Sing along with Jacob 3:00 Table Time 3:30 Remember when</p>